Woman's Page

New Mystery Frocks Capable of Being Exquisitely Charming or Simply Ridiculous-Models Have to be Chosen With Great Caution-New Vague Gowns-Thick, Moderately Short Hair Estimated as Perfect Now-As Much Individuality in a Coiffure as in Manner of Speech-Seven Excellent Tried Recipes-Three Different Ways to Prepare Beef.

picturesque and vague that they are capable of being exquisitely charming or simply ridiculous. They are

difficult to manage. Women must move slowly and with atreme caution. They must study heir good points and their peculiariextreme caution. ties and then they must choose their winter gowns. A tall and slender who naturally moves gracewill wear this season's clothes well; there are models, less extreme, suitable for short, stout figures; in fact, there are models for every woman, only they need to be chosen

with great caution. The charm of the richly embroidered gauzes and fringed crepes em-ployes in making the new "vague" gowns is great. At a world famous designer's a mannekin of the distinctly brunette type wore a really wonderful gown made of shot gauze. which showed shades of pale pink and dull silver and was mounted on a slightly draped robe of apricot crepe. The hem of the crepe underdress was delicately traced over with silver threads. The border of the gauze which was almost as long as the underdress, was splendidly embroidered and fringed in silver. Over this was posed a loose robe of black chiffon which robe was fringed with the finest possible jet. of this exquisite gown was tall and She wore an immense pichat in black panne velvet and had a wide stole of black fox thrown

over her shoulders Another mystery frock, an exquisite creation which would be extremely becoming to the frail blonde type of woman, was of a deep rose pink volle, heavily beaded in crystals, with a tunic of silver embroidered tulle under delicate black lace.

Many of these frocks are cut ex-tremely low in the neck and finished with upstanding wired frills or out-lined with flaring frills of tulle or lace. Sometimes they are cut square both front and back, low in front and still lower in back.

The skirts are frequently split at the foot and the train hangs from almost anywhere, from the side, and extreme models from The front train is not likely to be a popular mode, for its wearer has to walk astride it, a feat which requires almost as much skill as tight rope walking

BEAUTY OF THE NEW COIFFURES

Hair that is thick and moderately short is estimated as perfect now, if its color, texture, and silkiness come up to the standard required. It was not always so. To merit

to be so long that it fell, when loos-ened, like a mantle about the shoulders and far below the waist of its possessor, who wound it round and round her head in long coils or plaits and knew she was envied by all beholders for her crown of glory Today the long tresses are hidden

If they are there they must be tucked inside the caplike exterior contrived by the coiffure, whose desire it is to follow the shape of the head by the dressing chosen, with excrescences here or there to suit the physique of

NEW MYSTERY FROCKS ity the chignon is chosen, while the These new mystery frocks are so short woman will receive with joy the announcement that the hair is raised much higher than it was above the forehead, though this does not interfere with the attractive plan of wearing a narrow thread of sparkling jewels or a string of pearls across the brow, where the tresses are cut in a fringe or brushed across with a picturesque sweeping and boy-like

movement One method of achieving height is to twist the hair from the nape of the neck to the crown, an excellent plan for a head for which length is wanted. It is to be commended also because of the fine display it makes of the color and texture of the hair, which should be well burnished by the agency of a brush and a silk pad, but should look also rather fluffy in order to eliminate any suggestion of stiffness in the arrangement.

Even the sportswoman who grooms her hair severely for the Panama roll brim hat, in the evening relaxes her efforts to make it lie flat, adding as a decoration a wreath, a band of jewels, or something particularly artistle in combs. It is then that she allows the escaping curls to appear, which during the day were imprisoned beneath the flat bands that covered her ears

One point is absolutely decided, the "open" countenance must not be permitted, and clever though she may be, the modern beauty must not la-bel herself so by exposing her lofty brow. Yet she will now pictorially suggest that her thoughts are deep by wearing the low fillet, which gives the eyes a soulful aspect and en

hances their beauty greatly.

Remember: There is as much individuality in a coiffure today as in the manner of your speech.

RECIPES

CHIPPED BEEF-CREAMED

Cut one can of chipped beef into small pieces and put into frying pan with one cup of hot water. solve one heaping tablespoon of flour in a little cold milk; add one beaten and enough milk to make one Put all in pan with beef and cook fifteen minutes, being careful that it does not scorch. Serve with mashed potatoes.

CORNED BEEF

Slice one can of corned beef into thin slices and dip each into well beaten egg, then in flour or cracker crumbs. Season with pepper and onion sait. Put three slices of bacon into a hot skillet, and brown both sides. Remoe the bacon and fry the beef immediately. When brown, place on platter, garnish with parsley or lettuce and serve immediately.

GRAHAM GEMS Rub one half cup of lard well through one quart of graham flour, add two heaping tablespoons of brown sugar, a little salt and two teaspoons of baking powder. Mix witr cold water until it "cleaves from the spoon." Drop on a baking tin, a spoonful in a place, and bake

SOUTHERN BEEF DISH Put through meat chopper six raw

We make the grocer's prices; both prices, the one he buys-at, the one he sells-at, are fair.

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green peppers and two large toma-toes. Melt four tablespoons of butter in frying pan, add vegetables and one cup of hot water in which one half teaspoon of extract of beef has been dissolved. Cover and cook un-til potatoes are done, then add two cups of roast beef (chopped), season with salt and kitchen bouquet, Serve hot with rounds of toast.

QUICK COFFEE CAKE

Sift together twice one pint of flour, one third cup of sugar, three teaspoons of baking powder and a half reaspoon of salt. Mix to a soft dough with about a half cup of milk stirred into a well-beaten egg. Add three tablespoons of lard and one half cup of currants. Spread in shallow pan, sprinkle with sugar mixed with cinnamon, and bake in moder-

MISSOURI WAFFLES Beat the whites and yolks of three eggs separately. Add to the yolks one pint of sour cream and two pints of flour. Add enough sweet milk to make the batter very thin. Add three tablespoons of lard, melted, a teaspoon of soda dissolved in a little milk, and lastly fold in the whites Bake quickly in very hot irons. Serve with butter, syrup or caramel sauce

CHEESE STICKS

One cup of flour, one third cup of lard, one half cup of grated cheese, one half teaspoon of sait. paprika, two tablespoons Roll out as for ordinary of water. ple crust and cut in strips one half inch wide and five inches long. Place n a pan and bake in a hot oven un-Serve with til puffy and brown.

Invite all Scots and their friens tae haud ther Halloween withem, weight or no incre Thursday, October 30. Eagles Hall, two weeks or more. Hudson avenue. Admission 25c.

BROKEN RAIL CAUSED NEW HAVEN WRECK

in which twenty-five persons were injured, near Westerly, R. I. last over a period of three weeks or more, and a little sugar, night, was caused by a rall which in spite of the fact that otherwise the broke in five places, according to several experts who examined the From this it will be seen that the in same), or rice

apparently en in five places and apparently all baby silenced by narcotics, were made at the same time. The When any such emergence

the Nampa State bank at Nampa, Ida., has caused a financial stringency in the town, according to J. N. Higgins, a business man of that city. at the Semioh hotel. state of Idaho has also instituted suit against three of the wealthiest men n Nampa to collect upon a \$50,000 of the state treasurer, and this may tent that it will be some time before

said Mr. Higgins. "There is no evidence, not even a suspicion, that there was anything wrong on the inside of the institution, but it will take some time before the denormal of the months. The months is the months is the months of the institution, but it will take some time before the denormal of the months. The months is the months is the months is the months in the months in the months is the months in the months is the months in the months in the months in the months is the months in the month in the months in t take some time before the depositors The failure has get their money caused business to be very slow in Nampa for the past month, but things are picking up now and we look to see the town go right ahead.

"The building of the Idaho Northern into the Payette lakes country will open up a large tract of the fin-est timber in the state, and of course Nampa will get the benefit of this."

IDAHO SUGAR BEET
RAISERS CAN ONLY GUESS
Salt Lake, Oct. 27.—Idaho farmers
received greater returns for their who is at the Cullen hotel. The sugar factory is located at Sugar City, and during the present season has been running to full capacity. Farmers in the southern part of Idaho who raise sugar beets are somewhat

at about this time, or the mother becomes anemic and the baby no longer gains in weight, while its muscles become flabby.

The wearing of a bottle-fed baby worried over the outcome of the new tariff law, as applied to sugar, as they think that it will practically close down the beet sugar industry in the western states, said Mr. Ja-

"We can only guess what will happen to beet sugar," said Mr Jacobs, "as this is the first time sugar has come in free of duty since any great development in the beet sugar indus-try has taken place. We have to be

Only 35,000 out of the 5,700,000 people in Mysore can read or write. The corresponding ratio in advancing countries is 85 to 95 persons in every 100. In America about \$4.66 per head of the population is spent in education; in Mysore only about 10 cents and less per head.

ued to bottle-fed bables after wearing it should be started for breastfed bables with wearing.

Just as soon as the baby can sit up in a high chair, he is welcomed at the average family table. Often this is Father's or Big Brother's only chance to make the acquaintance of the newcomer in the family circles.

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Budgon's Phases. Badcon's Pharmacy.



By Anna Steese Richardson Babies' Bureau, Woman's Home Companion.

WEANING THE BABY Weaning her first baby is a dread event to every mother. However short or long period she has nursed him, she is loath to deny herself the estacy of feeling her child draw on her for nourishment and strength, the pressure of the Fruit should be given either half little head against her breast, the an hour before or half an hour after clinging of moist lips, and reaching the milk out of helpless little fingers. Once Second baby is weaned she knows that she Milk alor will feel this joy to a lesser degree and gradually baby will grow from towards the sterner things of Then, too, when the baby has thrived on breast milk, there is al-

ways more or less fear of substituting artificial food for that which Nature has so generously and safely supplied. For this reason weening should be a gradual process, not abrupt, unless emercencies demand sudden wearing Such emergencies include acute illness on the part of the mother, fever, tuberculosis, serious kidney affections, a nervous breakdown, anemia or progressive loss of weight in the mother. In such cases the baby must instances where the mother seems ened well, but the baby at alx months or salt. more suddenly begins to lose weight bread and butter. and to develop symptoms of retarded physical development. These symp-

two weeks or more.

wreck on the New Haven railroad, a danger-signal.

n which twenty-five persons were 3. A steady loss of weight extending custard.

track today. This rail is of the heav-baby should be weighed regularly. In with zwieback, bread or crackers, lest type laid on the New Haven road fact a pair of scales has taken the in the past few years. "The wreck was due to what we goric bottle in the modern nursery call a latent defect in the rail," said They are the indicator of baby's con-From these variations in toast and a glass of milk. one of the experts; "one of those dition. From these variations in apparently undiscoverable defects weight, causes of illness are traced. which puzzle railroad engineers and The illness is not drugged nor the agraph above. II. Scraped beef, bridge builders. This rail was brok-small protesting voice of the sick white meat of chicken, boiled filed

When any such emergency arises, bacon, steak or chop cut When any such emergency arises, bacon, steak or chop cet fine. Intrack inspector would not have seen the breaks for I do not think they occurred until the heavy train happened to strike it at a certain angle."

When any such emergency arises, bacon, steak or chop cet fine. Intrack inspector would not have seen the process of weening must be short the process of weening must be s INJURY TO BUSINESS an occasional bottle of modified milk, ed in the dinner list above. Salt Lake, Oct. 27.—The failure of the task of weaning will be lightened. Supper—1. Stewed fruit If he has not been trained to do this, cereal

carlier talk should be filled with modi-fied milk and then set in a pan of hot water until the milk reaches what is knows as body temperature. This health of the baby and the peace and fore arm, never by putting the nipple pendent, to the adults mouth and tasting the As the baby drinks slowly, the a dividend is paid. The cause of the failure of the bank is alleged to be the loaning of money upon fictitious by the interpretation of the bank is alleged to be the loaning of money upon fictitious by the interpretation of the bole in the nipple should be large Northwestern State Rallway of India.

At ten months, both breast-fed and bottle-fed bables should be prepared for weaning. gradually months old in good physical condition may be taught to drink from a cup. At first only modified milk is served to him this way in Next comes milk combined with thin oatmeal or barley gruel. Then soft cerials may be fed with a spoon, and finally state bread, softened in warm milk. These soft foods however, should not be served in quantity, just occasionally as an alternate with the breast milk or modified bottle milk. They are the gradual, gentle proparation for the final weaning at twelve fore, according to Frank Jacobs, a prominent farmer of Sugar City, Ida. clusively after the twelfth month. Is San Fran. and return. .40.00 fact it should be weaned completely at about this time, or the mother be-

The weaning of a bottle-fed baby is no less serious than that of a breastfed baby. At fourteen months the bottle-fed baby should be having three bottles a day or two meals of soft food. At sixteen months the diet shifts to feedings, and baby is weaned.

The breast-fed baby that gains

steadily needs nothing but breast milk up to the time the scheduled weaning guided by the men who have had up to the time the scheduled weaning experience, and as they say that the begins, but the bottle-fed baby should experience, and as they say that the sugar trust will be benefited and the manufacturer of beet sugar will be practically ruined, that is all we can go on. If that is true then the farmers of Utah and Idaho who are in the beet business will either have to plant other crops or be ruined."

begins, but the bottle-fed baby should have from two to eight teaspoonft of strained orange juice daily, from six months upward. This is because in the mother's milk there is a certain acid quality not found in cow's milk, which the baby's system requires. The diet of orange juice should be continued to bottle-fed bab be continued to bottle-fed babies after weaning. ued to bottle-fed babies after weaning

Also his efforts to share the repast of grown-ups are amusing. Doctors and mothers I have met at contests tell me that many a child's stomach all-ments started at the family supper table. Either the child frets for what he sees and it is easier to comply with his demands than to discipline him or some one thinks it is "cute" to see him eat foods that should be served only to adults, and so the mis-

HESTER SPILLS
THE WINNERS BRINE.

Chief is wrought.

The fairest thing to the child too young for solid food is to feed him before the family meal is served and leave him safely sleeping or playing in another room. If it seems necessary, however, to have him at the family table, then see that he cats only such foods as he can digest and assimilate. As soon as he can handle a spoon, he may be given a little por-

ringer of bread pap, the safest table, dish for a baby one year old. This is well toasted bread bolled in milk. Next comes farina cooked in half milk and half water.
For the benefit of mothers who

have asked me at contests for a diet table, suitable to children of various attents, I am giving the following tables taken from the folder "Hints to Mothers" compiled by the Better Bables Bureau by eminent deticians. This folder will be sent to mothers on receipt of a stamped and self-addressed envelope sent to me, care this

Here are the diet tables: Diets for Chi'dren from Twelve

to Eighteen Months. Breakfast-Juice of a sweet orange, strained, or pulp of six stewed prunes, eight ounces of milk (half a pint) with either zwieback or toasted biscuits or toasted stale bread.

Second Meal During Forenoon -

Milk alone or with zwieback.

Noon Meal-1. Six ounces of soup made from chicken, beef or mutton, or three ounces or beef juice. II. Stale Fourth Meal, Mid-Afternoon-Milk

or toasted bread or zwieback. Evening Meal-I. Four quices thick gruel mixed with four ounces of top half milk (the top is sixteen ounces, or a pint, from a quart bottle) with zwieback. The gruel may be made of oatmeal, faring, barley, hominy wheating or rice. II. Apple sauce or prune jelly

Diet for Children from Eighteen to Twenty-Four Months.

Breakfast-I. Orange juice strained or prune pulp. II. Well-cooked cereal be weaned at once. Again, there is served with top pint slightly sweet seems ened or seasoned with butter and oths or salt. III. Glass of milk with stale

Forenoon-Fruit, except banana. Dinner-L Broth thickened with peas, farina, saro or rice; beef juice toms are:

1. Excessive vomiting, with loss of with stale bread broken into it; or weight or no increase of weight for clear vegetable soup with yoke of egg in it. II. Soft cooked egg, boiled, A persistent diarrhea, with loss coddled, shirred or poached III.
 of weight or no increase of weight for Balted potatoes, peas, spinach, carrots IV. Dessert: apple sauce, baked aple If there is a progressive gain in prune pulp, stale lady fingers, graham Providence, R. I., Oct. 26.—The weight, however, loose bowels are not or arrowroot crackers, rice, bread taplereck on the New Haven railroad, a danger-signal oca or blanc-monge pudding, baked juket or rice with hot milk

Supper-Milk (warm or cold), custard or prune pulp of apple (baked or From this it will be seen that the in sauce), or rice, or stewed fruit, Diet for Child Two or Three

Years Old. Breakfast-Fruit, cereal, soft boiled or poached egg with stale bread or

Dinner-Soup as described i described in parlike halibut, or two slices crisp, boiled II. A

III. Bread and milk or custhen the process of wearing is trying tard. IV. Cup of warm milk or cocoa. to both mother and nurse.

V. Crackers or zwieback; graham both mother and nurse V. Crackers or zwieback; graham The cylindrical described in an crackers or stale graham bread, if

is tested by dropping a little on the happiness of the parents is so de-

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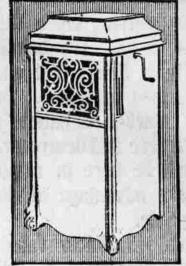
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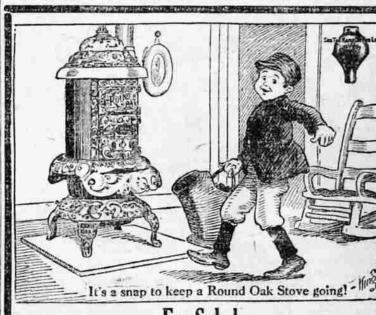
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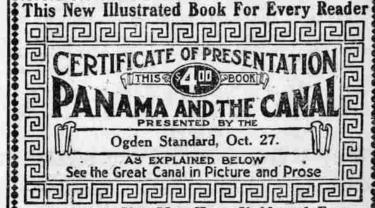
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